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The Rosicrucian Order

# MASTER MONOGRAPH

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# THE CONCURRENCE

## This Week's Consideration of a Famous Opinion



¶ In a chapter entitled "Experimental Mysticism" in his book, *A New Model of the Universe*, P. D. Ouspensky vividly describes his experiences. The following excerpt reminds us that the solar plexus, the connection between the psychic consciousness and the objective consciousness, is the emotional center of the objective consciousness.



*This emotional state was perhaps the most vivid characteristic of the experiences which I am describing. Without it there would have been nothing. Everything came through it, that is, everything was understood through it. . . . I took in everything through feeling, and experienced emotions which never exist in life. . . . and it was these very emotions, with a thousand others, which gave me the possibility of understanding the nature of the new world that I came to know.*

*. . . The first thing that can be said is that there was nothing which remained indifferent for me. All taken together and each thing separately affected me in one way or another. In other words, I took everything emotionally, reacted to everything emotionally. Further, in this new world which surrounded me, there was nothing separate, nothing that had no connection with other things or with me personally. All things were connected with one another, and not accidentally, but by incomprehensible chains of causes and effects. All things were dependent on one another, all things lived in one another. Further, in this world there was nothing dead, nothing inanimate, nothing that did not think, nothing that did not feel, nothing unconscious. Everything was living, everything was conscious of itself. Everything spoke to me and I could speak to everything.*

—P. D. OUSPENSKY, 1878-1947

(Reprinted from *A New Model of the Universe* by P. D. Ouspensky, by permission of Alfred A. Knopf, Inc.)

To the Members of the Esoteric Hierarchy, Greetings!

I wish at this time to give you the first of a number of secret principles in regard to Cosmic attunement and projection. The principles in this and future lessons will enable you to improve your methods of projection and contact and at the same time will answer questions that may have puzzled you.

To begin with, when attempting to attune yourself with some thing or place outside of yourself, there must be a going forth from you of your psychic consciousness. It is not your objective, worldly consciousness that leaves your body or extends itself into space because this would bring about a state of unconsciousness, so to speak, wherein you would know nothing of what is going on and would fail to make any contact. Your objective brain consciousness cannot leave the body and extend itself into space. It must either be wholly active within your body or dormant and asleep. For it there can be no leaving of the body, no reaching out to be aware of places or persons external to itself; but the psychic consciousness, which is a part of the soul consciousness, can so extend itself.

I think I can make this plain by asking you to think of the soul and its consciousness as an electric lamp burning inside a closed metal box. If that box is closed, the lamp inside may burn brightly and give forth its illumination, but it reaches nowhere outside the box. If there is a sliding door in the front of the box and you open that a little, some of the light from the lamp will reach out beyond the box and extend itself into space. That beam of light coming out of the opening is like a little searchlight reaching out, casting its ray of light on whatever place, person, or thing it may reach.

The light that comes out of the box is simply an extension of the light inside. The light that goes out and illuminates something in space, does not diminish any of the light inside the box. The amount of light extending through the opening does not diminish any of the light inside, for the light in the box remains the same in amount and quality whether the sliding door is open or closed. The light that comes through the opening strikes against a wall of a room or a person with the same quality and nature as the light in the box. There is a connection between the beams of light on the wall, or person, and the light inside the box. It is like the sunbeam that makes a patch of light on the floor. It is of the same quality as the sunlight throughout the universe; and there is a connection between it and the distant sun from which it comes.



That there is a connection between the spot of light sent by a searchlight and the source of the light, science has shown in recent years by sending a beam of light by a searchlight so that persons with electrical apparatus can talk into

the beam of light and have the voice carried to a distant point. A beam of light, therefore, is something very definite and maintains a connection between the place where the light strikes and the place where it originates.

In each of our bodies are the soul and the soul consciousness, or psychic consciousness, as we often call it. In most persons this consciousness is confined to their own bodies because they never allow it to extend and reach out into space. The average human being keeps his inner self closed tight like the metal box with the electric light inside. He never opens the inner self to allow the psychic consciousness inside to project or extend itself into space.

The moment we relax and concentrate for the purpose of attunement or to project to some person or place here on the earth, we try to open some little part of the inner self to allow the psychic consciousness to extend itself like a beam of light. Ancient mystic philosophers referred to the extended beam of psychic consciousness as a beam of light just as they called the wisdom of the soul a great Illumination or Light.

The difficulty with all attempts at attunement and projection is that we are so busy thinking about what we want to do that we do not relax enough to allow the inner self to break down the wall around the soul and let some of the consciousness out. A great many have a fear of projection, not because they have had any sad experiences—but they feel that allowing any part of their inner consciousness to go out from them may weaken them, may make them ill or faint and perhaps unconscious. They seem to think that if any of their consciousness goes out from them, the consciousness inside will become lessened and weakened. It is as though they were afraid that the beam of light coming out of the box would cause the lamp inside to become lessened in light and quality, and that too much light outside the box might mean none left inside. Such an absurd idea is the cause of much subconscious or unconscious hesitancy on the part of some to attempt attunements and projections for the first time.

The only time the soul and its consciousness can leave the body completely or lessen their activity is at transition. Then the soul leaves gradually and takes with it the psychic consciousness as well as the breath of life and the vitality of the body. In projections and Cosmic attunements no vitality leaves the body and therefore the body does not become weakened in any sense. It is like the light leaving the box without lessening any of the light inside.

At such times the psychic consciousness gradually extends itself in small degrees as though the opening were a small circle which gradually widens until more and more light is allowed to go forth in a beam. It is not true that in a



psychic projection or attunement the whole psychic consciousness leaves the body and is instantly transferred to some distant or external point suddenly, in the twinkling of an eye. We may sometimes feel that we have suddenly and quickly extended our consciousness, but the reason for that is that, although the attunement and projection was made very slowly, we were not aware of what was going on until after a certain amount of the psychic consciousness had reached out into space. Then suddenly we realized what had been going on and had the impression that the whole thing occurred instantly.

The first thing to remember in all Cosmic attunements is that the psychic consciousness very slowly and very gradually extends itself outward from the body. In some cases it may be ten or fifteen minutes before you feel that you have made contact elsewhere; in others it may take only four or five minutes. Much depends upon the degree of relaxation of the body and the practice and experience you have had. What is interesting is the fact that the psychic consciousness does not go forth in all directions and from every part of the body in the beginning. In other words, it does not start from all parts of the body at the same time.

The first beam of psychic consciousness starts from the solar plexus. If the projection is a simple one and lasts only for a moment or two, it is just as though a small beam of light left the solar plexus and reached directly out into space until it contacted some place or person. The solar plexus is not the most important psychic center of the body; it is only one of a number of such centers, and in some respects is the least important. The solar plexus is really something more than a psychic center. It is the emotional center of the objective consciousness. It is the center of all human objective emotions. That is why in cases of sudden fright or impressive incident, a faintness will be felt in the abdomen around the solar plexus.

In making psychic projections or Cosmic attunements, we want two things to happen. First, we want the psychic consciousness to reach into space and establish a contact for us. We want our soul consciousness to reach out and establish a means of communication by which we can see, hear, feel and understand. There is no use in making a Cosmic contact or a projection unless we can send to that place some intelligent message or idea, and bring back from it some intelligent message or idea. In other words, our contact must enable us to have a channel of communication. There would be no use in lifting the telephone from the hook and asking for a number if no connection could be made with that number. Nothing is gained by trying to make a Cosmic contact unless we know that a channel for communication has been established and that messages, pictures, and ideas can go forward or back through this channel.



Since the objective consciousness cannot reach out of the body and make contacts external to it, the only way that the

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objective brain and consciousness can be aware of Cosmic contacts is through a transference of the impressions of the contact to the objective consciousness. When the psychic consciousness extends itself and makes a contact, intelligence of it returns to the body and registers itself upon the objective consciousness. In turn, the brain enables man to know what has been going on, and to realize the impressions brought back through the channel of the psychic consciousness. The solar plexus is much like a telephone exchange where long distance messages are brought to a central office and there transferred to a local line.

With any attempt on our part to extend our psychic consciousness, whatever impressions are brought to our objective realization must come back through the channel of the psychic consciousness to the solar plexus. At this central point the transference is made from the psychic consciousness to the objective. Therefore, when the earliest stages of projection begin, the psychic consciousness first contacts the solar plexus and extends from that part of the body like a beam of light. Throughout the whole Cosmic or psychic contact, the connection between the psychic consciousness and the objective consciousness is maintained at the solar plexus.

Other parts of the psychic body and other psychic centers become involved in the process if the attunement and contact is developed and I will talk about and explain these features in my next talk.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER

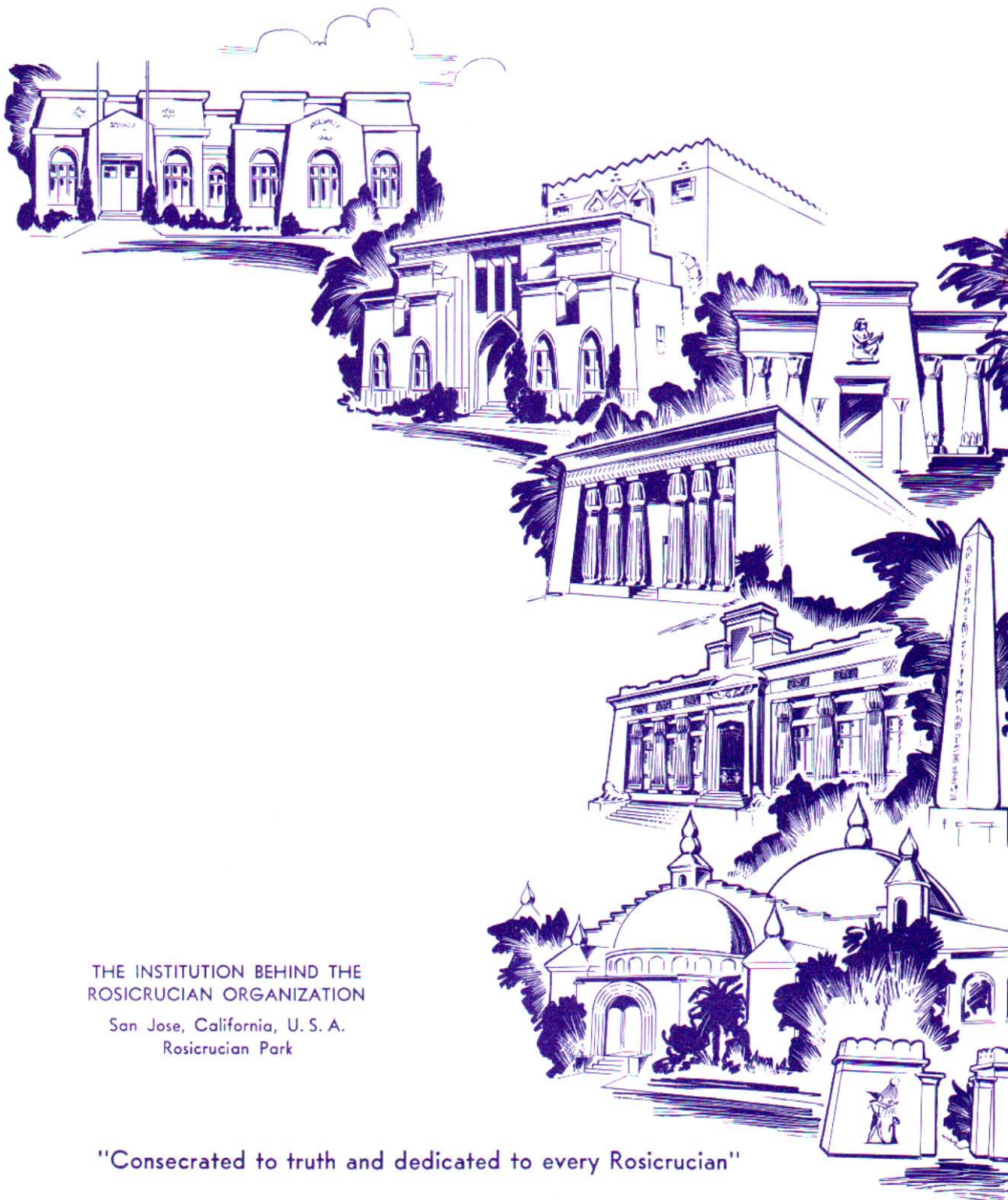


## Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ It is the psychic consciousness, which is a part of the soul consciousness, that can extend itself or go forth to bring about attunement with some thing or place outside of yourself. The objective brain consciousness is unable to do so.
- ¶ An analogy would be an electric lamp burning inside a closed box. An opening would permit light from the lamp to reach out and extend itself into space.
- ¶ Relaxation and concentration for the purpose of attunement allow the psychic consciousness to extend itself like a beam of light. Inability to relax sufficiently, and sometimes fear, may interfere with attempts at attunement and projection.
- ¶ The only time the soul and its consciousness can leave the body completely or lessen their activity is at transition. In projections and Cosmic attunements, however, no vitality leaves the body and the body does not become weakened.
- ¶ In all Cosmic attunements the psychic consciousness slowly and gradually extends itself from the body, although because we were not aware of the process going on, we may feel that it occurred suddenly.
- ¶ The connection between the psychic consciousness and the objective consciousness is maintained at the solar plexus, from which the first beam of psychic consciousness extends itself. The solar plexus is the emotional center of the objective consciousness and of human objective emotions.
- ¶ In making psychic projections we want the psychic consciousness to establish a contact for us and a means of communication by which we can see, hear, feel and understand.



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